

# Heritage Challenge



A challenge for all sections  
produced by Girlguiding London over the Border

Further copies of this booklet can be downloaded at:

<http://www.lobguides.org.uk/assets/Heritage-Challenge.pdf>

# Welcome to the Heritage Challenge

This Challenge has been devised by members of Girlguiding London Over the Border County.

We are raising funds within the County to help us establish an Interactive Museum of Guiding History where visitors will be able to find out about Guiding within the County as well as have fun trying out some related activities.

The Challenge consists of six zones:

Local and Family History  
Guiding History  
What We Ate and Wore

Festivals and Customs  
Work, School and Leisure Time  
Museums

Each zone has a wide variety of activities which should be suitable for all ages from Rainbows to Trefoil and the ideas can be adapted as necessary to suit all units. Many of the challenges are suitable for the weekly meeting but there are also clauses that allow you to get out and about.

There is also a resource pack to help you with some of the challenges.

To earn the Heritage Challenge badge you will need to complete a challenge from each of the six zones, then send off the badge order on the back page. Badges cost £1 each plus postage and packing. To guarantee availability please order before 31<sup>st</sup> July, 2013.

We hope you enjoy taking part in our Heritage Challenge.

The resource pack to support the Challenge can be downloaded at:

<http://www.lobguides.org.uk/assets/Heritage-Challenge-Resource-Pack.pdf>

All proceeds will go towards establishing an Interactive Museum for London Over the Border County

# Local and Family History

Visit an historical site near where you live. Produce a photo montage board of your visit.

Go on a blue plaque hunt. You could do this locally to see how many famous people lived in your area or whilst you were on a visit somewhere different. How many can you find?

Every region in Great Britain has traditional baking. Make a meal or bake cakes from a region that is different from your own. You could try Cornish Pasties, Welsh Rarebit, Eton Mess, Bakewell Pudding, Yorkshire Curd Tarts, Shrewsbury Biscuits, Irish Soda Bread or Scottish Oatcakes.

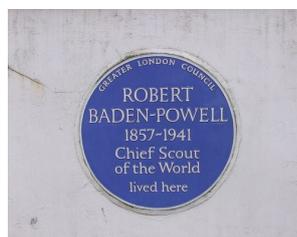
Look at each other's family. Bring in a baby photo for everyone (leaders included!) then see how many people you can identify.

Visit your Town Hall or ask the Mayor or one of the Councillors to come and meet your group. Prepare questions to ask them about a local issue. Alternatively hold a debate on a local issue in your unit.

Use the tree template in the resource pack to create your family tree. Draw faces - or find photos - of your grandparents, parents, brothers and sisters to put in the ovals then cut them out and arrange them on the tree.

Make a video of the place where you meet showing its history and things of interest.

Try a walking audio trail or city walking tour in your local area (suggestions in the resource pack).



# Guiding History

Most Guiding Counties have a County Standard. Can you find a picture of your County Standard – what do all the symbols on it mean? Design a standard for your patrol – make sure you have a symbol that represents every member.

Guiding has members all over the world, from a variety of cultures and with many different languages. Learn how to say 'Hello' in at least six different languages – challenge yourself to find one or two from outside of Europe.

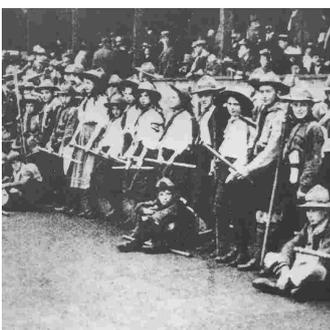
In 1932 less well off Brownie packs used to hold a Lend a Hand evening to raise funds. People were invited to the unit meeting place to have their shoes shined, their brass cleaned etc for a small donation. Hold a 'Lend a Hand' event in your unit and donate any funds raised to a good cause.

Look at the picture of the first Girl Scouts who gate crashed the Crystal Palace Rally. Dress yourself and a group of friends and try to reproduce the picture – perhaps you could take a black and white photo and compare it with the original.

In 1932 Guiding opened their first International House in Switzerland called Our Chalet. Three more were opened over the next 34 years - in Mexico 'Our Cabana', in India 'Sangam' and in London 'Pax Lodge'. Hold an evening in your unit based on one of these four countries. You could try local food, music or make crafts from the area or dress in the local costumes.

Guides and Brownies did very different activities in the past to the ones you will do now. Try some activities you may have done as a Brownie or Guide in the 1960s, such as semaphore, how to fold clothes neatly, making a camp gadget from sticks and string, how to hoist colours, making a collection of the items that a Brownie should have in her pocket or learning the different flags that make up the Union Flag.

In 1951 a plaited bookmark was the suggested activity for Brownies doing the Recruit test. Work in pairs to make a plaited person bookmark each (instructions in the resource pack ).



# What We Ate and Wore

Make a dish using a war time recipe (such as those in the resource pack). How many other things can you think of that would make wartime life difficult for someone of your age?

Have a "Historic Costume" evening when everyone dresses up in a costume from times past. Maybe you could dress as street urchins in Victorian times and have an evening of Victorian games.

Look at the clothes people wore at different periods in history. You could make a dress up doll, make a peg doll in period costume or hold a bin bag fashion evening where you make costumes from different periods in history e.g. Tudor, Georgian or Victorian.

Hair styles have changed over the years. Try to re-create hairstyles from different periods in history and if head wear was also worn perhaps you could make that too.

Sweet shops in the last Century were very different from those of today and many sweets were sold unwrapped. Try making some 'old fashioned' sweets eg. sherbert dip, Scottish tablet, coconut ice or sugar mice (see recipes in the resource pack).

Richmond Cakes are a rediscovered early Victorian recipe originating from the Royal Borough of Richmond in West London. Make some Richmond cakes (recipe in the resource pack).

Make Elizabethan Shrewsbury Cakes (recipe in the resource pack).



# Festivals and Customs

Guy Fawkes Night has been celebrated in England since 1605. Paint a firework picture on black paper, perhaps adding some glitter. Or try making parkin which is traditionally eaten on bonfire night.

Mothering Sunday is always celebrated on the middle Sunday in Lent. When girls were in service this was often the only day in a year when they were allowed to go home and visit their families. Make a card for Mothers Day or perhaps you could make a present, a small flower arrangement or bake a cake to give to your Mum or someone who is like a mother to you at another time of the year.

The May Day festival was often celebrated with processions and dancing on the green. Have an evening where you learn traditional English folk dances; maybe you could even try Maypole dancing or Morris dancing.

Find out about a religious festival e.g. Diwali, Hanukkah, Easter, Passover, Ramadan. Try some food that might be eaten at that festival and/or a craft connected to the festival.

In Derbyshire there is a long-running tradition of 'well dressing' and in Kettlewell in August there is a scarecrow festival. Try making a miniature well dressing using lentils and other seeds pressed into clay to make a picture, or hold a six or patrol scarecrow making competition in your unit.

Shrove Tuesday is held at the beginning of Lent and marks the day when households used up all the food that they were not allowed to eat during the Lent Fast. Today it is often referred to as Pancake Day.

Make some pancakes and share them with your friends, perhaps you could challenge yourselves to try different pancakes eg. banana pancakes or savoury pancakes, or maybe you could hold pancake races.

Find out why corn dollies were made and try to make one of your own (see resource pack).



# Work, School and Leisure Time

In the past a lot of people were skilled in a variety of crafts – many of these are now only done commercially. Have a go at making one of the following: a lavender bag, a basket, a clay pot or a piece of lace.

In the 1960s and 1970s children's television was very different from the programmes watched today. Watch some children's programmes from 50 years ago – maybe you could see Watch with Mother, the Flumps or Bagpuss. Perhaps you could re-create the 'Double or Drop' quiz from Crackerjack?

In Victorian times young children wrote on slates at school and adults would write with a quill pen and ink. Try making a quill pen from a feather and then write out the Guide promise or laws using your pen and a bottle of ink.

Play a game of Tableaux with a historical theme (see ideas in the resource pack).

The coins that we use today were introduced in 1971. If you can find examples of pre-decimal coinage try doing some brass rubbings of the coins or use coin rubbings to make a picture e.g. of a bike or a car.

Invite someone to your meeting who was at school years ago and interview them. How was their school life different from yours?

Try playing some playground games that were very popular in the early 1900s. Try hopscotch, skittles, jacks or yo-yos.



# Museums

Hold a museum evening. Each patrol or six should bring in collections that they have at home and present them in an interesting way then everyone can 'tour the museum' to look at all the collections.

During a pack or unit meeting, bring along up to six objects and make a 'Museum of Me' that reflects your life so far. Visit the 'museums' that everyone has set up and ask questions about what they chose to display.

The Tate Modern, London. This museum houses modern works of art made of everyday objects. Make a sculpture from everyday objects found in your home or meeting place, or a sculpture from junk.

There are chocolate museums in Cologne, Barcelona and Bruges as well as Cadbury World in Birmingham. Hold a chocolate themed evening.

The British Museum, London. The British museum is famous for the Egyptian rooms. Have an evening of Egyptian activities – you could try hieroglyphics, make pyramids or try some Egyptian food.

There are science museums all over the world. Hold a science night in your pack or unit meeting or visit a science museum. You could even try a sleepover at the Science Museum in London.

The Louvre, Paris – The Mona Lisa is the most famous painting in the Louvre. Hold an evening of portrait painting.



# Badge Order Form



Once you have completed your six challenges,  
return this form to order your badges.

Badges should be ordered before 31<sup>st</sup> July, 2013 to guarantee availability

Contact Name: .....

Unit: .....

Rainbows / Brownies / Guides / Senior Section / Adult / Trefoil Guild (please circle)

Contact address: .....

.....

..... Postcode .....

Phone and/or email: .....

in case of queries

	No. of badges	Cost
Cloth badges (10 cm x 5 cm) - £1.00 each		£
Post and packaging (see below)	---	£
Total Cost	---	£

p&p charges:  
1-2 badges £0.50  
3-40 badges £1.00  
41-100 badges £1.50

Please send form and cheque (payable to "LOB Guides") to:

Heritage Challenge, Mrs Pam Young, 28 Evesham Way, Clayhall, Ilford, Essex IG5 0EJ

Any queries please email: pam\_and\_arf@hotmail.com

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We'd like to gather support for the project of opening a County Museum to celebrate the past, present and future achievements of the girls and leaders of our county. Your signatures could help us gain funding and raise awareness by proving to sponsors that this project is well supported by the people that matter - you!

If you would like to help us, please sign below and send it back to us - leaders can sign on behalf of their units, or maybe you'd all like to sign.

Thank you for your help, and we'll keep you updated on our progress!

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