

Girlguiding LaSER Haiti 2016



Badge Activity Pack

About us

We are a group of 12 Girlguiding LaSER members participating in LaSERio (London and South East England Region international opportunities) 2016. As a team we have chosen to visit Haiti and complete a service project focussing on water sanitation and environmental sustainability. Volunteering in Haiti will enable our team to experience new cultures and opportunities, whilst gaining a deeper understanding of economically developing countries. We would love you to experience some of our learning journey through this pack!

The badge

This resource has been created with a whole host of activities to help members of all ages learn about Haiti! The badge syllabus has been split into four topic sections.

Topic sections:

Getting to know Haiti

Environment

Culture

Awareness

To complete the badge, individuals should complete the number of activities relevant to their section as follows:



Rainbows Complete 1 activity from each topic



Brownies Complete 1 activity from each topic, plus 1 additional activity from a topic of their choice



Guides Complete 2 activities from each topic



The Senior Section Complete 3 activities from each topic

For guidance, each activity in this pack has a trefoil symbol indicating the section the activity is suitable for. The section recommendations are an indication of the difficulty of the activity and the time spent to complete it should reflect this.

There are also **Take it Further** activities, which gives all sections the opportunity to take a deeper look and learn more about water sanitation, the environment, or support ongoing work in Haiti through fundraising.

Activity resources and links are provided at the end of the pack to support you with completing the badge.



You can share what you get up to and follow our journey on Twitter using [@Guiding_LaSER](#) [#Haiti2016](#).

Getting to know Haiti



Guiding in Haiti

- Using the instructions on page 16, play 'Promise Hunt Relay' and discuss how it is different to the Girlguiding Promise in the UK. Why might this be?
- Using the instructions on page 16, play the 'Caribbean Stone passing game'.



International Impact

- Find out what WAGGGS stands for and what it is. How does Guiding support the international community?
- Discuss in your unit how Girlguiding can support girls to gain skills and confidence in Less Economically Developed Countries (LEDC).



Where is Haiti?

- Grab an atlas or globe and see if you can find Haiti on the map.
- Pin Haiti on the map (blindfolded game!)



Take a deeper look at the geography of Haiti

- Find out about the topography of Haiti
- How does this affect tourism and commerce?
- Make a 3D model of an area of Haiti - get creative with your materials! Why not take some photos and tag @Guiding_LaSER #Haiti2016



Haitian Flag

- Colour in the flag from page 13 of this pack. Find out what the image in the middle of the flag represents.



Haiti Flag or Map

- Use some recycled materials to create a giant map or flag of Haiti! Share it with us on Twitter using @Guiding_LaSER #Haiti2016.



World Map Game

- Using the blank map on page 14 see who can identify the most continents.
- Break it down: work in groups to name as many countries as possible, in alphabetical order. What continent is each country a part of?



Continents

- In groups pick a continent and discuss whether it is more or less economically developed. Are some countries in the continent more developed than others? If so, why?
- How are the people who live there - especially girls and young women - affected by factors such as culture; physical geography; economic and political climate; and, access to natural resources?



History of Haiti

- Find out 5 interesting facts about the history of Haiti and present them to your group.
- Equality and Women's rights:
 - When did Haitian women gain the right to vote?
 - Find out how the rights of Haitian women have progressed and what they are like today.



Haiti's National Flower

- Use origami or feathers to make the National Haitian Flower, the Hibiscus. Take a look at page 17 of this pack for some origami instructions!



Environment



Growing Plants

Following the 2010 earthquake, Haiti needs to re-plant lots of agriculture. Have a go at growing your own plant.

- Plant a seed in a milk bottle and track its growth. See how much it grows until we fly out to Haiti in August 2016?
- How do plants help the environment and support farming?



Paper fishes

- Make a brightly coloured school of fish from paper plates - the brighter, the better! Why not tweet us some pictures. Share it with us on Twitter using [@Guiding_LaSER](#) [#Haiti2016](#).
- Take a deeper look at the sea:
 - How many different types of fish can you name?
 - What other types of sea life are there?
 - How can you get a closer look at sea life?



Reef Relief

- Look at the impact that global climate change and human activity are having on reefs and marine life. Make a poster to represent these impacts and present it to your group.



Animals and Insects

- Find out about the huge range of creatures living in the Caribbean - how do they compare to the UK?
- Create masks or outfits of your favourite creatures. Show them off to the rest of your unit and share some pictures with us [@Guiding_LaSER](#) [#Haiti2016](#).



Ecosystems

- Find out about the huge range of wildlife living in the Caribbean.
- Research how animals and insects support the ecosystem. In groups, use recycled materials to create a mini ecosystem to show how everything works together. You can be as creative as you like! Remember to share some pictures with us on Twitter using [@Guiding_LaSER](#) [#Haiti2016](#).



Plants and Leaves

Although the country is at risk from deforestation, there is still a huge variety of trees and plants in Haiti.

- Find some flowers and leaves in your local area (remember, it's important not to pick live plants).
- Make a leaf rubbing using leaves from your local area.
- Take a look and compare your leaf rubbings with the types of plants in Haiti. Are any the same as where you live?

WASH stands for Water, Sanitation and Hygiene. It is a global initiative, which has had a huge impact on the level of awareness of the international community to issues of hygiene and household health. We will be running a WASH programme in Haiti.



Water needs

- With a partner, talk about all the things in your home and school that need water, and why.
- What would you do if you did not have access to any clean water?



- With a partner, name three examples of good sanitation and hygiene that exist in your community.
- For each example, think of two problems that would happen if your community didn't have these forms of sanitation and hygiene.

WASH programs are designed to build on what local people know and want; through empowering them with the skills, knowledge and confidence to make responsible choices and implement them.

Dehydration and the body



In some areas of Haiti people may face many challenges when trying to access clean and safe water.

- Divide into groups of three and record how many glasses of water you each drink a day. Write down your group's average.
- Discuss several ways that water is lost from the body each day.
- Each group will now receive a glass of water (which represents your body well hydrated), an empty glass or bowl and a scoop.
- For each way your body loses water, remove a scoop of water from your body (the full glass) and put it in the empty glass or bowl.
- How do you think that this lack of water would affect your body and its processes?
- Now, add back one scoop of water for each glass of water you drink per day. How hydrated is your body? Is it what you expected?

Culture

Haitian culture is made up of a mix of African and European influences due to the French colonisation of Haiti. This can be seen through the Haitian language, music, and religion. Learn about Haitian culture by trying some of the following activities.



Caribbean Cuisine

- Try some different Haitian or Caribbean foods - you can find lots of different types of food in the international aisle of large supermarkets!
- Why not put on a blindfold whilst you try the food and see if you can guess what each food is! We would love for you to send us pictures of your taste tests [@Guiding_LaSER](#) [#Haiti2016](#)



Haiti Cooking

- Use the recipes at the back of this pack on pages 18, 19 and 20 to make some traditional Haitian food.
- How do the ingredients differ from what we use in the UK?



Haiti Bake-Off

- Organise a Great Haitian Bake Off for your unit! Work in teams to make a selection of different Haitian dishes. Why not invite some of your local County team to be the judges?! Tweet us pictures of your efforts [@Guiding_LaSER](#) [#Haiti2016](#)



Language

- Find out what 'Creole' is.
- Use the flashcards on page 21 to learn some Creole phrases and 'introduce' yourself to the rest of your unit.
- Play Haitian Whispers (Chinese Whispers with Haitian words!).
- Using some typical phrases, try to identify the languages that make up Haitian Creole.
- Hold a conversation with your unit in Creole.



Religion and Beliefs

- In your patrols, find out about the religions within Haiti; teach the other patrols in your unit what you have found.
- Think about how similar or different religion is in Haiti to religion in the UK.

Haitian Crafts

Crafting is often used to express culture and support the community.

- Make one of these local crafts.
 - Instructions can be found at the back of this pack on pages 22, 23 and 24.
- Why not post us a Tweet of your craft @Guiding_LaSER #Haiti2016

A Haitian flag brooch



A clay fruit bowl



A papier mâché owl made using a tin can



Haitian Dance and Music

Rara music is a festival music originating in Haiti. It tends to use Vaksen (cylindrical bamboo trumpets), drums, maracas, güiras or güiros (a percussion instrument), and metal bells, as well as sometimes cylindrical metal trumpets, which are made from, recycled metal, often coffee cans.

- Listen to some Rara music and try your hand at making one of your own Haitian instruments. See page 25 of this pack for some ideas and instructions! Have a go at playing some of your own Rara music.
- There are some links to YouTube clips featuring Rara music and dance on page 25 in the resources section of this pack.

Awareness



International Development

- Identify the causes behind LEDCs (Less Economically Developed Countries) and MEDCs (More Economically Developed Countries). You will find some factors for development at the back of this pack on page 28.
- Play a trading game to understand how trade can affect the prosperity of a country. We have included a link to a Fair Trade chocolate trading game on page 28 of this pack.



Emergency!

Emergency situations happen in the UK and abroad every day. It is important for everyone to be prepared and know how to respond in emergency situations.

- Find out the different emergency numbers used in the UK and the international emergency number.
- When is it okay to use these and what kind of information do you need to give to the operator?
- Practice how to react or help in the following different types of emergency in
 - a) the UK;
 - b) abroad:
 - Fire
 - Flood
 - Earthquake
 - Hurricane



International Disaster Response

- Work in teams to find out about how organisations respond to disasters.
- What jobs need to be done in an emergency?
- What services and organisations are needed when there is a natural disaster?
- What was the international disaster response to the 2010 Haiti Earthquake?
- To get you started take a look at SARAID (Search and Rescue Assistance in Disasters), an international voluntary organisation based in the UK. They are prepared all year round to fly out to countries in need. More information can be found on their website: <http://www.saraid.org.uk>

Natural Disasters

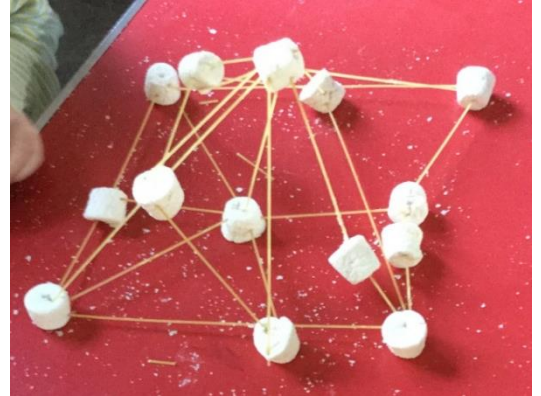
Due to the position of Haiti on tectonic plates the country experiences a lot of seismic activity. In January 2010 an earthquake hit Haiti that measured 7.0 on the Richter scale.



- Find out more about what causes earthquakes
- Team up to see who can make the strongest 'building' from spaghetti and marshmallows. Test them by shaking the table!



- Complete the activity and take a deeper look and explore how the effect of earthquakes, on buildings, can be reduced.



Emergency Rations

Split the girls into small groups to work on this discussion.

- Your city has been hit by a natural disaster. You have been told that you need to evacuate immediately. Before you leave, you have a small amount of time to pack essential items. You are not sure how far away you will have to travel, or what the conditions may be like and you have not been told when you will be able to return.
- On page 27 there is a list of 50 items to choose from. Give the girls 5 minutes to choose 20 items from the list that they think should be packed. They can only choose 5 items from each column. Share with the group why those items were picked.
- Unfortunately, their rucksacks are too heavy for the journey. The groups must leave 8 items behind. Give the girls 3 minutes to pick the items. Each group should then share why those items were left behind.
- You reach the vehicle that will take you to safety; however there is not enough room on board for all your items. Each group has to leave behind 4 items. Give the girls 2 minutes to decide this and then each group should again share what they left behind and why.
- All together, discuss what each group was left with.
- Further discussion questions:
 - How easy or difficult was it to make these choices?
 - What impact would that have for people caught in natural disasters?
 - If you could only choose 4 items, what would those be and why?
 - What circumstances could change what people would take with them?

Take it further



Fundraise for Haiti

Now you've completed the Haiti badge, why not go one step further and raise awareness or fundraise to support the long-term development of Haiti. For example, you could:

- Create a poster about Haiti to show your classmates or family and friends.
- Or you could hold a bake sale and donate the money you raise to a charity that supports sustainable development work in Haiti.

Let us know what you get up to by tweeting us with the hash tag [@Guiding_LaSER](#) [#Haiti2016](#).



Water Sources

When we are in Haiti, we will have the opportunity to install Biosand filters that will help local communities access clean and safe drinking water.

- Find out what a Biosand filter is, and why it's so important to have access to clean water.
- Have a go at building your own water filter with instructions on page 26.



Community Gardening

- Contact your local park services to see how to get involved in tree planting, or growing plants or vegetables on an allotment. You will find the contact details you need on your local council website.



Out and about

When we go to Haiti, we will be spending lots of time on environmental sustainability activities.

- Learn about your local environment by visiting a park or forest. How does this differ from what the environment is like in Haiti
- Find out about the Caribbean environment by visiting a museum, botanical garden, aquarium, or nature reserve.
- Visit the seaside or coast - look at the rock pools and discover the different types of sea life on our shores. Think back to the Paper Fishes and Reef Relief activities and see how many rock pool creatures you can name.



Carnival Time!

Haiti is known for its festivals! Over several weeks in the lead up to Mardi Gras (or Shrove Tuesday), they hold Carnival to revel in extravagance and indulgence before the Lenten fasting period begins.

- Hold a Caribbean themed carnival-party! Don your brightest clothes and masks then dance the night away playing music on your Haitian instruments, whilst tucking into some Caribbean food!
- We've picked out some of our favourite activities in the Haiti badge to be completed in one evening! Check out the example Brownie Haiti Party programme at the back of this booklet on page 29
- We have included some examples of how this can be adapted for Rainbows, Guides and The Senior Section on page 30!

THANK YOU FOR TAKING PART IN OUR TEAM HAITI BADGE ACTIVITY PACK!!

The Haiti activity badge is a limited edition badge designed especially for our LaSERio trip to Haiti, well done on earning yours!

You can follow our Haiti adventures on Twitter

Activity resources and links

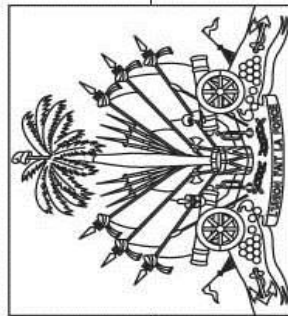
You will find all the resources and links you need to complete the activities in this pack on the following pages.

A Team Haiti badge order form is at the back of the pack.

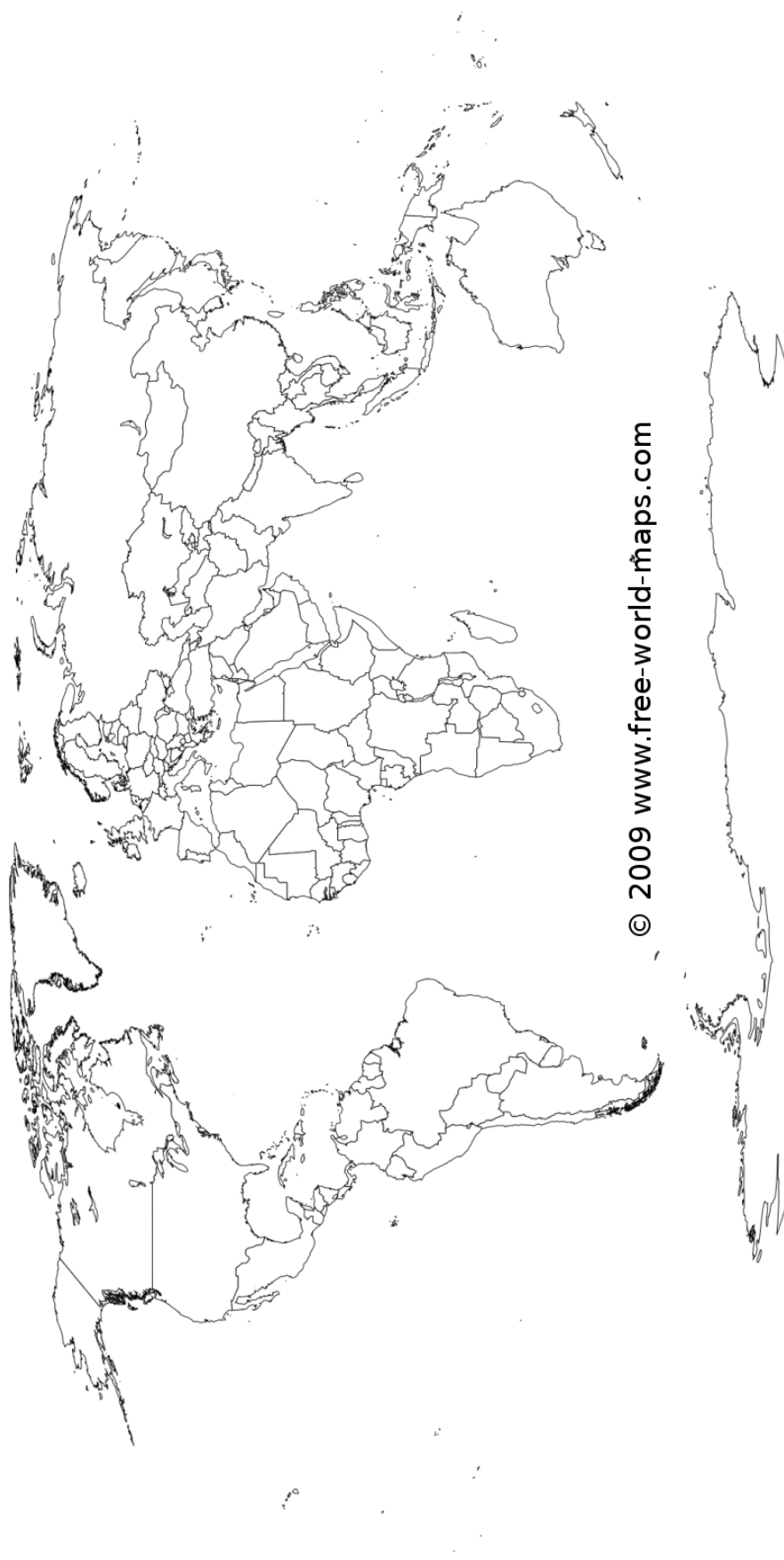
Haitian Flag to colour

<- Top of flag

Bottom of flag ->



Name the continents



© 2009 www.free-world-maps.com

Haitian Guide Promise

On my honour and with the grace of God,
I undertake to do my best to serve God, the Church, my Country,
To help other people in all circumstances and to observe the Guide Law.

Haitian Guide Law

A Guide is loyal
A Guide thinks first of others
A Guide is generous; she is prepared to help
A Guide is welcoming; she has team spirit
A Guide, sister to every other Guide, is at the service of all
A Guide learns about nature in which she sees God's work
A Guide knows how to obey
A Guide does not fear endeavour; she does nothing by halves
A Guide likes her work and respects that of others
A Guide is self-controlled; she is pure and cheerful

Haitian Brownie Guide Promise

I promise to do my best:
To be faithful to God, my country, my parents,
To the Law of the Pack,
And to do a good turn to someone every day.

Haitian Brownie Guide Law

A Brownie is always clean
A Brownie is always active
A Brownie is always cheerful
A Brownie always tells the truth
A Brownie thinks first of others

Promise hunt relay

To prepare this activity, you will need to print individual lines of the Promise (choose whether you want to use the Guide or Brownie Promise) onto several sheets of paper and cut them up. We recommend printing a copy per Six/Patrol and mixing the words up together.

Instructions:

- Hide the Promise sentences around your meeting place.
- Each Six/Patrol lines up and the first person at the front of each line has 10 seconds to find one piece of the Promise and bring it back to their team. They then join the back of their Six/Patrol line and the people at the start have 10 seconds to find another piece. Continue until all the pieces are collected.
- The winning team are the first to collect all the pieces of the Promise.
- Take it further and see which Six/Patrol can organise the Promise into the correct order first.

Caribbean Stone Passing Game

You will need:

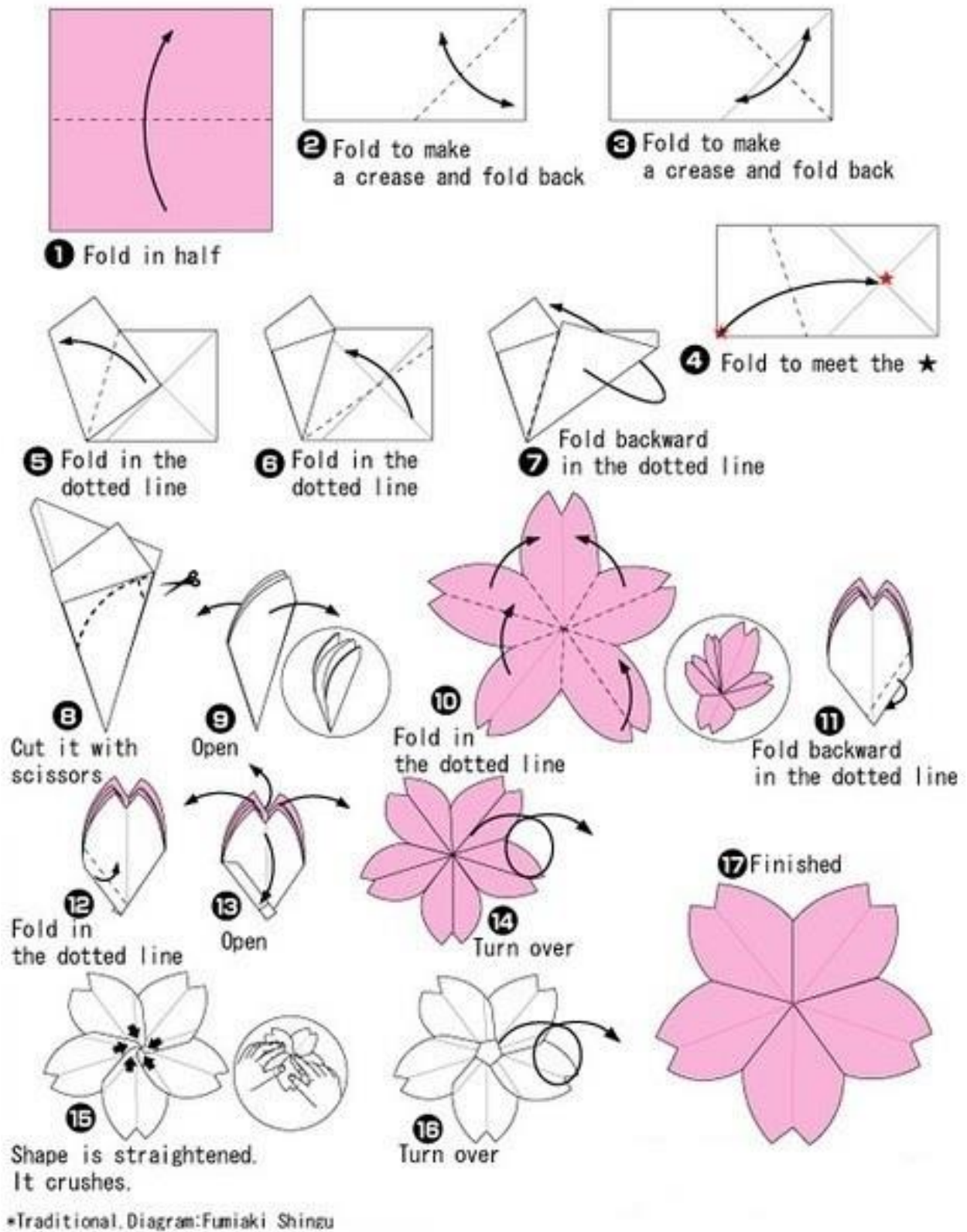
- One stone per participant

Instructions:

- On a given count, everyone passes their stone to the right. They have to place it on the floor in front of the person on their right. They then pick up the stone that is now in front of them (placed there by the person on their left).
- The idea is to settle into a rhythm that goes like this: put-down, pick-up, put-down, pick-up, put-down, pick-up, etc.
- Things get fun when someone fumbles a stone (the person next to them won't have anything to pass on to their neighbour, and so the stones start to pile up. When 'Stop!' is called, the person with the largest pile of stones in front of them is out).
- To make it more challenging, you can also get the group to gradually speed up, or slow down.

Haitian Flower Origami

The Hibiscus is the national flower of Haiti



Haitian Cuisine

Plantain: (Serves 4 per plantain)

WARNING: INVOLVES DEEP FRYING, ADULT SUPERVISION IS VITAL

Takes 10 minutes

1. Peel and slice the plantains. Remove the skin and divide the plantains into slices or halves.
2. Heat the oil in a pan. Add the oil or butter to the pan and heat over medium-low to medium heat. Give it a minute or two to heat up, but do not wait for it to start smoking.
3. Add the plantains to the pan and fry for 2 minutes or until golden-brown on the bottom. Flip with a spatula and fry the other side for an additional 1 or 2 minutes.

Dous Makos: Haitian Fudge (Serves 8-10) -

WARNING: SUGAR WILL GET VERY HOT. ADULT SUPERVISION IS VITAL!

Takes 30 minutes (plus 60 minutes to cool before eating!)

You will need:

- 500g of sugar
- 120 ml milk
- 400 ml sweetened condensed milk
- 8 tbsp of butter
- 1 tsp vanilla extract
- 1/4 tsp of star anise extract
- 1/4 tsp of nutmeg
- 1/4 tsp of cinnamon
- Red food colouring (optional red layer)
- 1/4 tsp of cocoa powder (optional dark brown layer)
- wax paper
- mini loaf pans



Method:

1. In a non-stick pan, add all ingredients (except food colouring and cocoa powder) and cook on medium heat until sugar dissolves while constantly stirring.
2. Once sugar dissolves, raise heat to high and continue stirring for 20 - 25 min or until mix has a lava consistency. If you have a candy thermometer it will be around 115°C.
3. Remove the pot off the heat and continue stirring for another 10-15 min. The mix will start to lose its shiny colour as it cools.

4. OPTIONAL - If you want to add the red layer, take half the mix and separate the half into 2 containers. Add 2 drops of food colouring in the first and a 1/4 tsp of coca powder in the second. Mix the thoroughly.
5. Place wax paper in the mini loaf pans and fill it with the mix.
6. Allow the mix to cool and harden for about an hour.
7. Remove the mix from the pan and slice vertically. Store in a cool place.

Vegetarian Marinade

WARNING: INVOLVES DEEP FRYING, ADULT SUPERVISION IS VITAL

You will need:

- 1 shallot, minced
- 1/2 onion, chopped
- 1 garlic clove, crushed
- 475ml of water
- 1 tsp of black pepper
- 2 tsp of hot sauce
- 1 tsp of parsley
- 2 eggs
- 2 tbsp of baking soda
- 225g of flour
- 235ml of olive oil



Method:

1. Blend together the shallot, onion, garlic clove, and parsley with 475ml of water.
2. Mix together the dry ingredients.
3. Add the eggs and hot sauce.
4. In a deep fryer or large skillet, drop 2 tablespoons of batter into the hot oil over medium-high heat.
5. Turn once to brown each side.

Konparet: A dense cake-like bread (Makes 5)

You will need:

- 700g flour
- 1 tbsp ground cinnamon
- 1/2 tsp salt
- 4 tsp baking powder
- 110g butter
- 110g light brown sugar
- 110g honey
- 2 eggs
- 170g finely chopped crystallised ginger
- 400g desiccated coconut
- 1 tsp vanilla extract
- 2 tbsp ginger juice
- 2 tsp lime zest



Method:

1. Lightly grease a baking tray.
2. Put the oven to 190°C or gas mark 5.
3. Cream the butter, then add the sugar, and then mix in the honey.
4. In a different bowl sift in the flour, salt, baking powder and cinnamon.
5. Lightly beat the eggs and mix into the butter one by one.
6. Mix in both lots of ginger, zest, vanilla extract and coconut.
7. Stir in the flour mix with a wooden spoon until a sticky dough forms.
8. Transfer the dough to a lightly floured surface, form five balls with your hands.
9. Transfer the balls to the baking tray, placing them 3 inches apart.
10. Bake for 30 minutes.

Creole language

Hello Bonjou	Yes Wi	Do you speak English? Es'ke ou pale engle?
What is your name? Ki gen ou rele?	No Non	I don't understand Mwen pa konpran
Nice to meet you Se te on plezi	Thanks Mesi	Sorry Padon
How are you? Ki gen ou ye?	They, them Yo	Please Souple
I'm good, thanks M'bien, mesi	How old are you? Ki lag ou	Excuse me Eskize mwen
And you? Et ou mem?	It was nice talking to you Se te yon plezi pale avec ou	Goodbye Orevwa

Numbers

1	en	16	sèz
2	de	17	disèt
3	twà	18	dizuit
4	kat	19	diznèf
5	senk	20	ven
6	sis	21	venteyen
7	sèt	22	vennde
8	uit	23	venntwa
9	nèf	24	vennkàt
10	dis	25	vennsenk
11	onz	26	vennsis
12	douz	27	vennsèt
13	trèz	28	ventuit
14	katòz	29	ventnèf
15	kenz	30	trant

Papier Mâché Owl

This will take a couple of sessions due to drying time.

Papier mâché sculptures are very popular in Haiti, and we just loved this owl design!



You will need:

- 1 cups all-purpose flour (for mâché)
- 4 cups cold water (for mâché)
- 4 cups boiling water (for mâché)
- 1/2 cup sugar (for mâché)
- A tin can
- Brown paper (pre-soak small ripped pieces overnight in mâché mix)
- Thin cardboard
- Googly eyes
- Strong glue

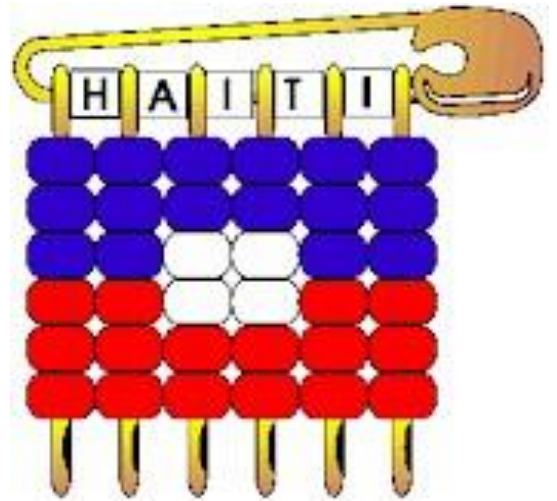
What do you need to do?

1. For the papier mâché: Combine the flour and cold water in a bowl. Add to a saucepan of boiling water and bring to the boil.
2. Remove from heat and stir in the sugar. Let it cool and thicken before putting the paper in to soak overnight.
3. Paste the paper all over the can (overlap pieces for the best results!) and leave to dry.
4. Cut wing, foot and ear shapes from the cardboard. Don't forget to make a beak for your little friend, too!
5. Glue the shapes onto your owl.
6. Once dry, paint the owl in brown acrylic paint. Decorate in whatever patterns you would like!
7. Stick on your googly eyes.

Haitian Beaded Flag Pin

You will need:

- 6, size 4 safety pins
- 1 safety pin without coil, 2 1/4"
- Red, white and blue pony beads
- Letter beads to spell out Haiti (or any other 5-letter word)



What do you need to do?

1. Put six beads on each size 4 pin, following the pattern in the picture (4 pins with 3 red and 3 blue beads; 2 pins with 2 red, 2 white and 2 blue beads).
2. Close the pins.
3. Thread the base of the beaded pins onto the pin with no coil, in the same order shown on the pattern.
4. In between each pin you thread, place the lettered pin starting with "H" and ending with "I" to spell Haiti.
5. Close the pin.

Clay bowl

This will take at least two unit meetings.

You will need:

- 1 cup cornflour
- 1 cup PVA glue
- 2 tablespoons baby oil
- 2 tablespoons lemon juice or vinegar
- Non-greasy moisturiser
- Plastic food bag (to store clay)
- Saucepan
- Cooker hob



What do you need to do:

1. Pour the measured corn flour and PVA glue in the pan and mix together.
2. Adding the baby oil and lemon juice, stir.
3. Gently heat until it forms a solid ball - It should go lumpy, and then clump together to form a ball (this can take some time). Make sure you keep stirring over a low heat until there is no liquid left.
4. Spread a small amount of moisturiser on your work surface to stop it sticking, tip the clay mixture out and knead until cold (be warned - it will be hot to start with!).
5. Now would be a good time to fill your pan with hot water to soak.
6. We would advise making the clay in advance. So, put a little moisturiser into a plastic bag and coat the plastic so that the sides are all covered. Put the ball of clay in the bag, squeeze the air from the bag and twist to seal.
7. After 24 hours, you can use the clay to form your bowls.
8. Once dry, decorate as brightly as possible!

Rara music

Here are a couple of online links to Rara music:

<https://www.youtube.com/watch?v=-oAPqKZ7ZJ0> (shorter piece)

<https://www.youtube.com/watch?v=elWgKHHoG-s> - If you have access to a projector, this piece played from 3mins 20 seconds has a video of a group of Haitian people dancing and playing some of the instruments above. This can help the girls know what they are going to be doing.

There are lots of YouTube clips of Rara music if you would like to search for your own!

Instruments

Maracas

You will need:

- An empty snack tube
- Beads, rice or pasta
- Paints, coloured paper
- Items to decorate tube with
- Sticky tape



What do you need to do?

1. Fill your empty container with beads, rice, or pasta
2. Seal the container (worth taping it up for good measure!)
3. Decorate
4. Shake to your heart's content!

Drum

You will need:

- An empty container - coffee tin, hot chocolate tub, formula tub
- A balloon
- Items to decorate drum
- Duct tape

What do you need to do?

1. Stretch your balloon over the container, pulling it as taut as possible
2. Tape it into place
3. Decorate drum
4. Play away!



Homemade Water Filter

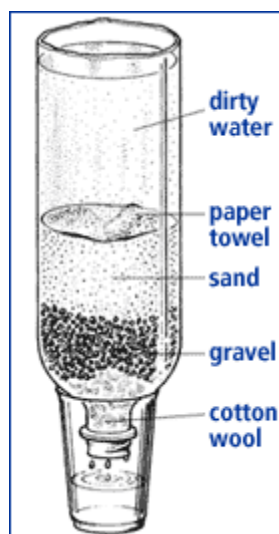
You will need:

- 1 2L plastic bottle
- 1 500ml plastic bottle
- 1 x cup of sand
- 1 x cup of fine gravel
- 1 x cup of coarse gravel
- 1 cotton ball
- 1 piece of paper towel
- 1 transparent plastic cup
- 'dirty' water

What do you need to do?

1. Unscrew the top of the lid and place half the cotton wool in the lid and place the lid back on.
2. Turn the bottle upside down and fill with the following:
 - 1 x cup of coarse gravel
 - 1 x cup of fine gravel
 - 1 x cup of sand
3. 1 piece of paper towel
4. Hold water filter over the plastic cup and pour in the dirty water slowly into water filter.
5. Allow time for the 'dirty' water to travel through your homemade filter until it reaches the plastic cup - your water has now been filtered!

Caution: Don't drink the filtered water



Emergency Rations Item List

These are the only items you have been able to find and fit into your bags. What items do you think are essential for survival?

Supply list 1	Supply list 2	Supply list 3	Supply list 4
Water	Tins of food	Toothbrush	Wind up radio
Compass	Change of Clothes	Fruit	Sturdy shoes
Scarf	Batteries	First Aid Kit	Pen/Swiss Army Knife
Plastic sheeting	Tent	Paper and Pencil	Water Bottle
Sanitary Products	Mobile Phone & charger	Water purification tablets	Extra cash
Paper plates and plastic cutlery	Ready to Eat Meals	Board games	Personal Medication
Blanket	Tin Opener	iPod	Local Maps
Vegetables	First Aid Book	Towels	Whistle
Sleeping bag	Duct Tape	Bin bags	Chocolate
Passport	Dust Mask	Raincoat	Book
Camping Stove	Pillow	Wet Wipes	Matches
Scissors	Teddy bear	Knife	Gloves
Emergency contact information		Torch	

International Development

A country's development rate can be affected by physical or human factors.

Understanding why a country may be in poverty is important, as it helps to identify potential ways to support them for growth. Below are some general factors, which may affect a country:

Physical factors

Climate

In countries with limited rainfall, there may be an increase in droughts. The result is that crops may suffer. There are certain diseases which thrive in tropical climates, such as malaria and yellow fever, because of the hot and humid conditions.

Natural hazards

Floods, droughts and tectonic activity can limit future growth and destroy buildings and agricultural areas. This also means a country may need to divert income to help recover from these events.

Natural resources

Access to natural resources such as minerals, gas and oil can help improve a country's level of wealth. However this is closely tied in with the ability to exploit the resource for the benefit of the country. There are also countries, such as Japan, which are low in natural resources, but have based their development on human factors such as access to education and skill expansion.

Human factors

Historical development

Typically, colonisation hindered a country's level of development. A colony helped supply food and minerals to countries like Britain and France. Although there was investment in colonies, this was focused on things that would help the trade between the countries.

Political factors

Poor governance does not help a country to develop. Money that could be spent on development may be used to fund military weapons or an affluent lifestyle of an elite group of people.

Economic factors

World trade is often not fair. LEDCs tend to sell what's known as 'primary produce'. LEDCs have to compete with each other to win the trade - which lowers the prices farmers get. A poor harvest means less income. There is more money to be made in processing goods, which MEDCs tend to do.

Social factors

A less wealthy country finds it more difficult to invest in education. The problem is made worse because many countries have a high dependency ratio. Having money to invest in a healthcare system is important for a country to develop. That is because it is difficult for sick people to work hard.

Trading Games

There are many different trading games you can try. One example is Christian Aid's Fair Trade Chocolate trading game, which you can find using this link:

http://learn.christianaid.org.uk/YouthLeaderResources/choc_trade.aspx

Example Brownie Haiti Party Template

This is an example that could be adapted for any section.

Brownies: complete 1 activity from each topic, plus 1 additional activity from a topic of their choice.

Activity	Resources/tips
Invite everyone to come in their wildest outfit!	
Colour in the flag and cut it out. If you punch holes in the top, these can be strung up like bunting at the party!	<ul style="list-style-type: none"> ➤ Copies of the flag ➤ Scissors ➤ String ➤ Hole punch <p>You may like to do this one evening before the event, so that it can be set up for when the participants arrive.</p>
Create masks of your favourite creatures	<ul style="list-style-type: none"> ➤ Brightly coloured paper ➤ Felt tips ➤ Elastic (and a stapler to pin the elastic onto masks)
Try some different Caribbean foods - either have a break where the Brownies sit down and talk about the foods on offer, or let them pick throughout the evening	<ul style="list-style-type: none"> ➤ Recipes from pages 12-14 <p>Check out the international foods aisle at your local supermarket for some extra snacks and drinks!</p>
Listen to some Rara music and have a go at playing some of your own!	<ul style="list-style-type: none"> ➤ Instruments - drums, maracas, metal bells ➤ Other instruments include Vaksen (cylindrical bamboo trumpets), güiras or güiros (a percussion instrument), and cylindrical metal trumpets but these may be difficult to find. <p>YouTube has some great examples to listen to! Just search 'Haitian music - Rara'</p>
Team up to see who can make the strongest 'building' from spaghetti and marshmallows. Test them by shaking the table!	<ul style="list-style-type: none"> ➤ Spaghetti ➤ Marshmallows (these can be substituted for vegetarian midget gems if you have any dietary requirements)

Don your masks, and start a procession around the meeting place.

How about inviting in parents to take part?

The template can be adapted by using the section appropriate activities from throughout the pack. Below are some suggestions of how this could be done:

Rainbows:

- Pin Haiti on the map
- Listen to some Rara music and make your own maracas
- Blindfold the Rainbows and try some Caribbean foods - see if they can guess what each food is!

Guides:

- Finding Haiti on a globe
- Distribute some Creole phrases for the Guides to memorise throughout the evening
- Games: Promise hunt relay, Caribbean stone passing game,
- Make traditional Haitian food - you could play some Rara music in the background!
- Haitian Whispers

The Senior Section:

- Make an origami Hibiscus (you could attach them to hair clips and wear them for a carnival feeling!)
- Emergency Rations Discussion
- Play the Fairtrade chocolate trading game from page 28

Thanks to the following websites for their resources:

<http://artprojectsforkids.org/soup-can-mache-owl/>

<http://www.duitang.com/people/mblog/18831033/detail/?pre=18830940>

<http://www.free-world-maps.com/>

<http://haitiancooking.com/>

<http://www.heifer.org/join-the-conversation/blog/2012/October/make-a-haitian-beaded-flag-pin.html>

<http://www.wikihow.com/Cook-Plantains>

<http://www.cheftalk.com/t/58399/haitian-konparet>

<http://artprojectsforkids.org/category/view-by-theme/haiti/>

http://www.makingfriends.com/safepin/sp_flag_haiti.htm

<http://www.medalia.net/store/crafts/crafts.html>

<http://www.bbc.co.uk/schools/gcsebitesize/geography/development/>

<http://www.danamadeit.com/2011/08/tutorial-paper-plate-fish.html>

http://learn.christianaid.org.uk/YouthLeaderResources/choc_trade.aspx

http://www.channel4learning.com/sites/essentials/geography/units/water_ah.shtml

Badge Order Form

Badges will be available from 1 May 2016.

Badges cost £1 each, postage is variable on the number of badges ordered, please see below.

To avoid disappointment we recommend contacting us in advance of starting the badge. Please email joandhannah@outlook.com to reserve your badges.

Name:		
Unit:		
Address:		
Phone number:		
E-mail:		
	Sub Total	Total Cost
Number of Badges	@ £1	
Postage & Packing	1-20 Badges £1.00 21-50 Badges £1.50 51-100 Badges £2.00	
I enclose a cheque/PayPal payment for		

Please send the form and cheque made payable to
The Guide Assoc LaSER International Trips Account

to:

Joanna Carr
Flat 3
35 Streatham Place
London
SW2 4AQ

Badges will be dispatched once payment has cleared. We regret we are unable to refund any unused badges.

Funds raised will go towards the Girlguiding LaSER trip to Haiti 2016.